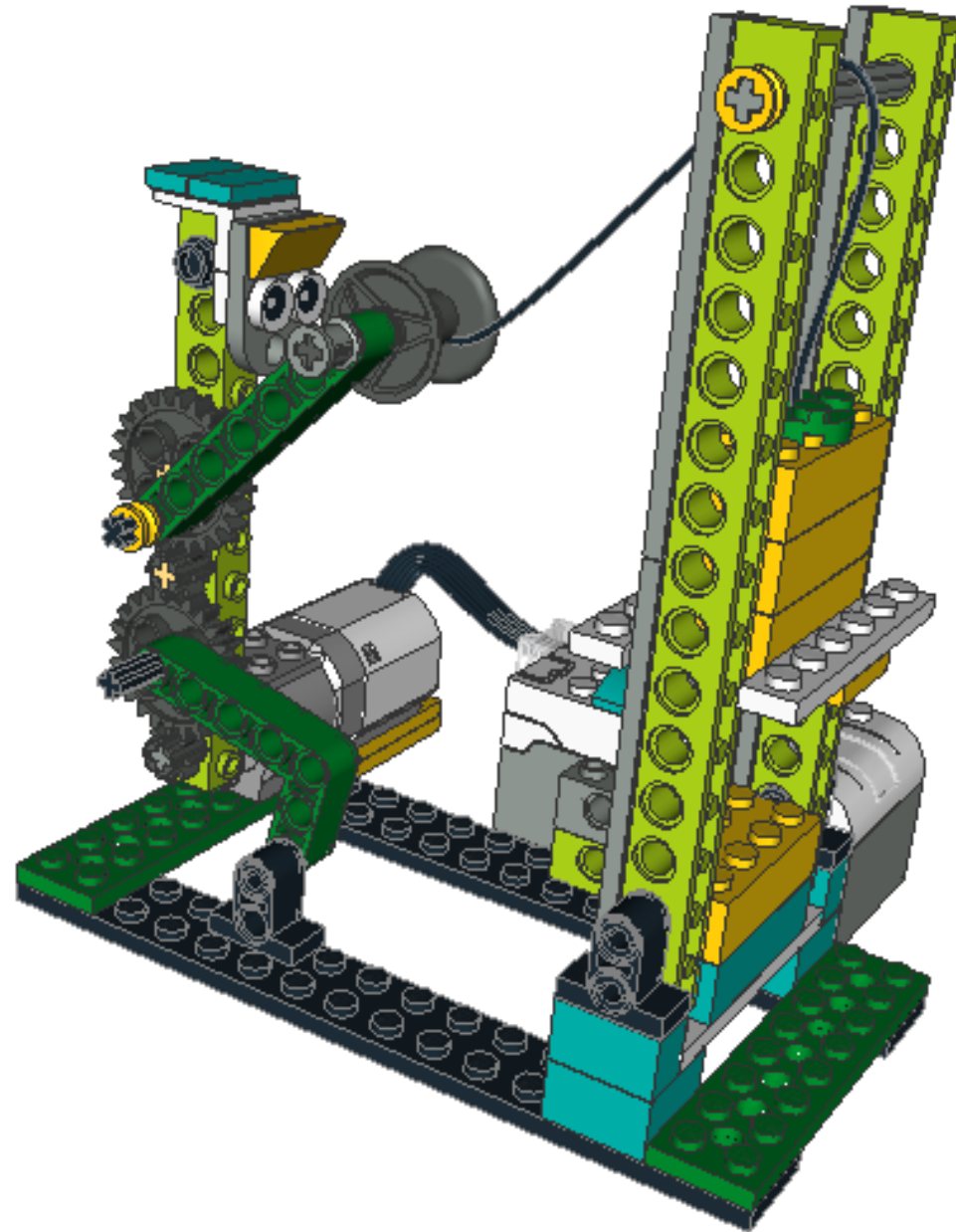
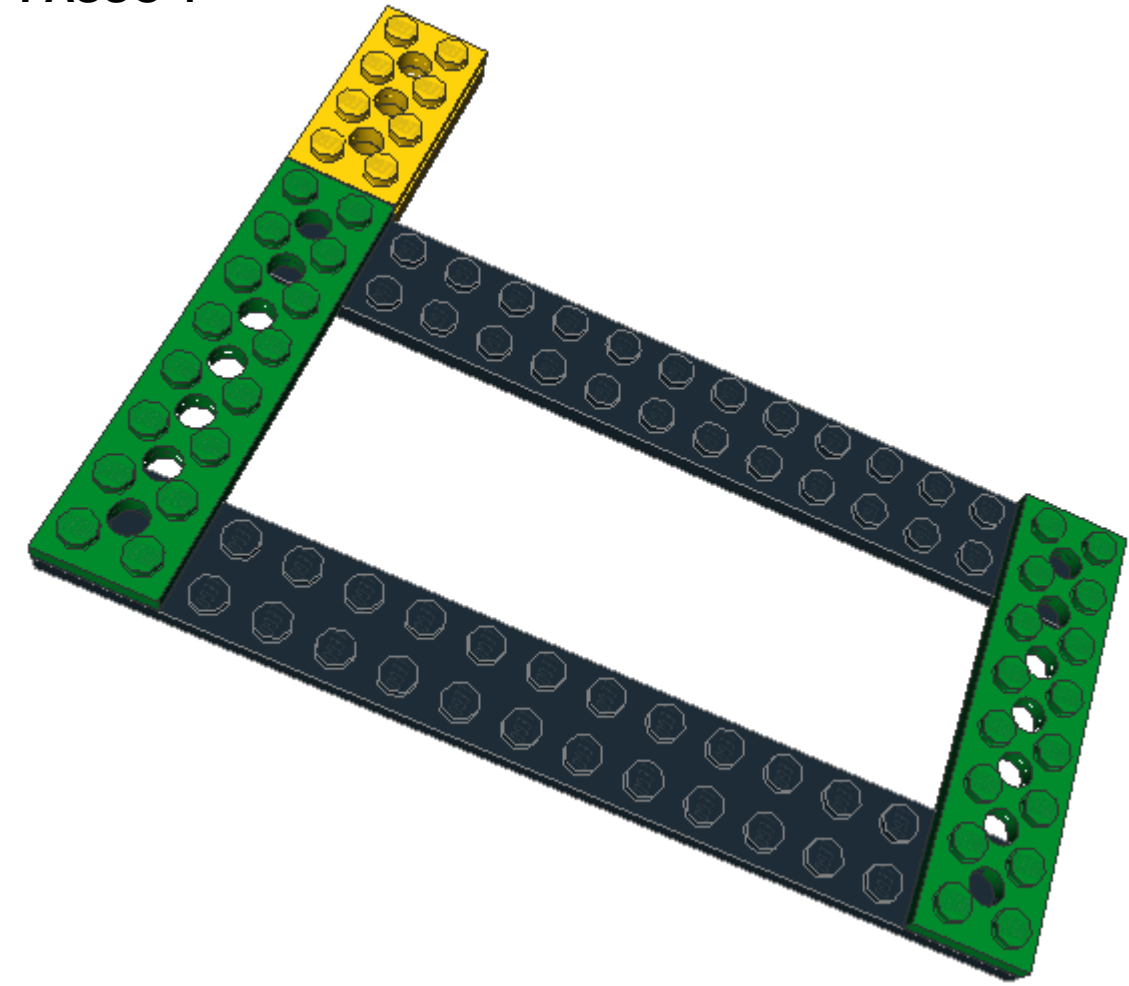


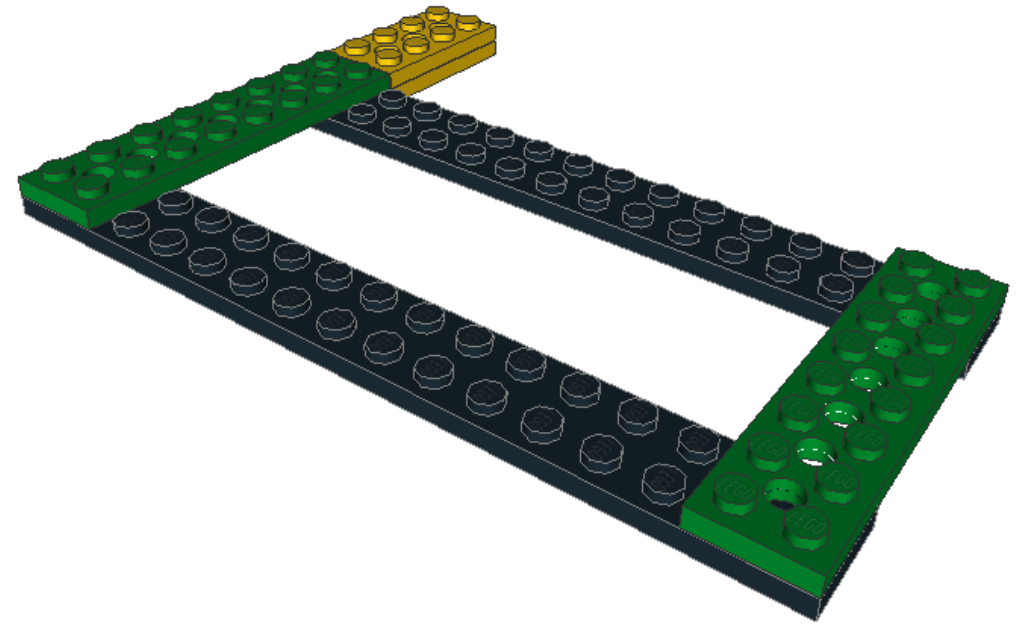
FAZENDO MUSCULAÇÃO- IMAGEM COMPLETA

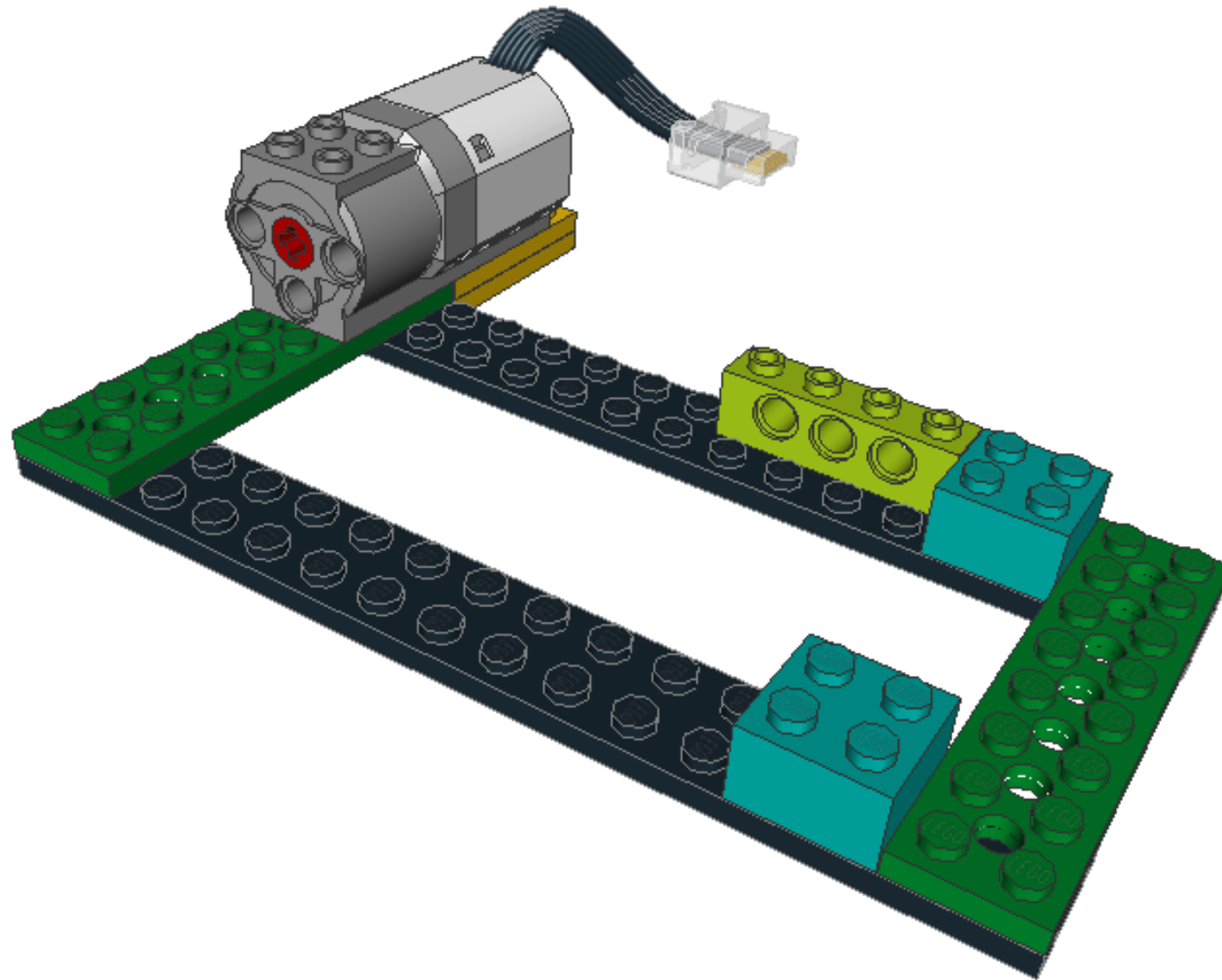


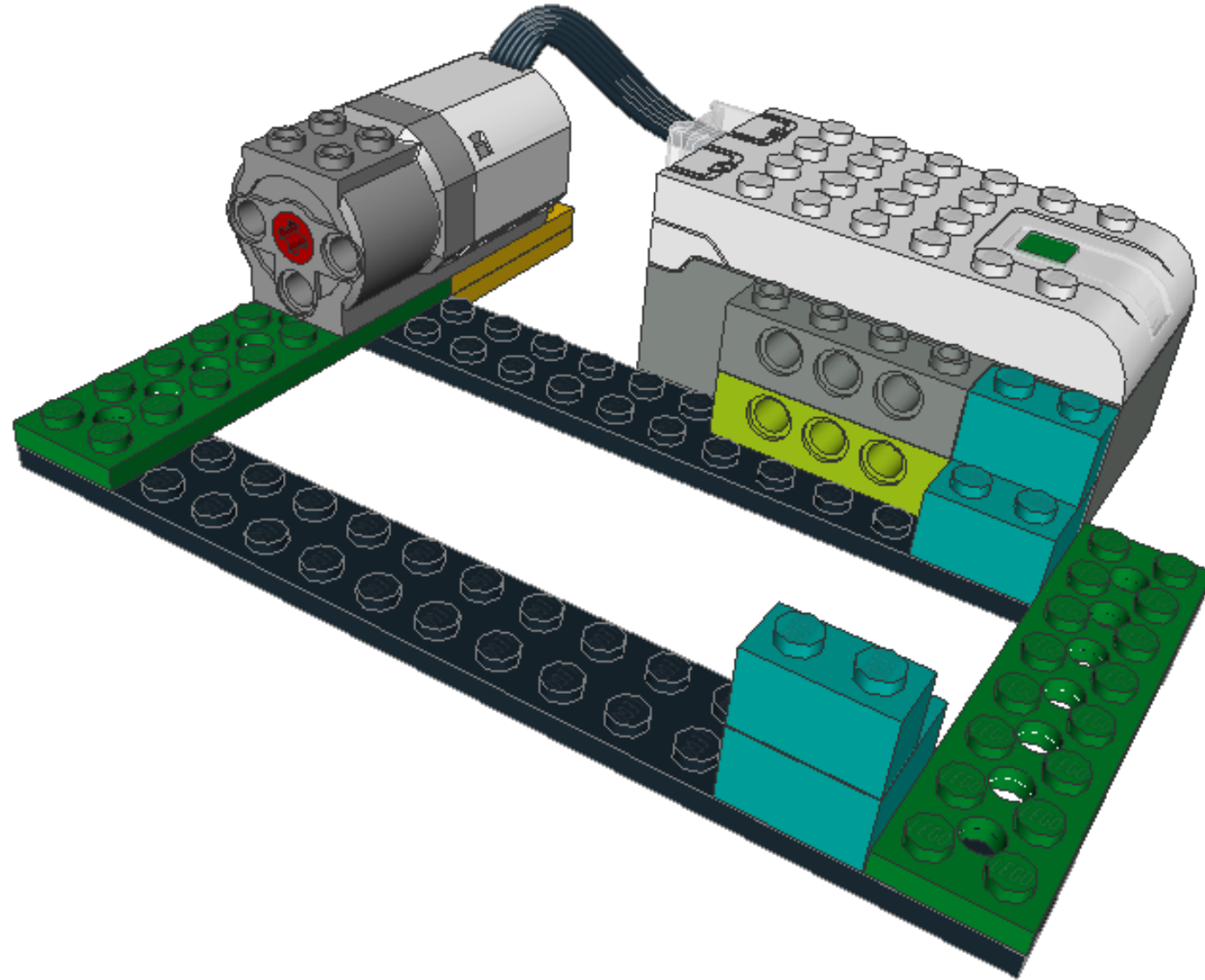
PASSO 1

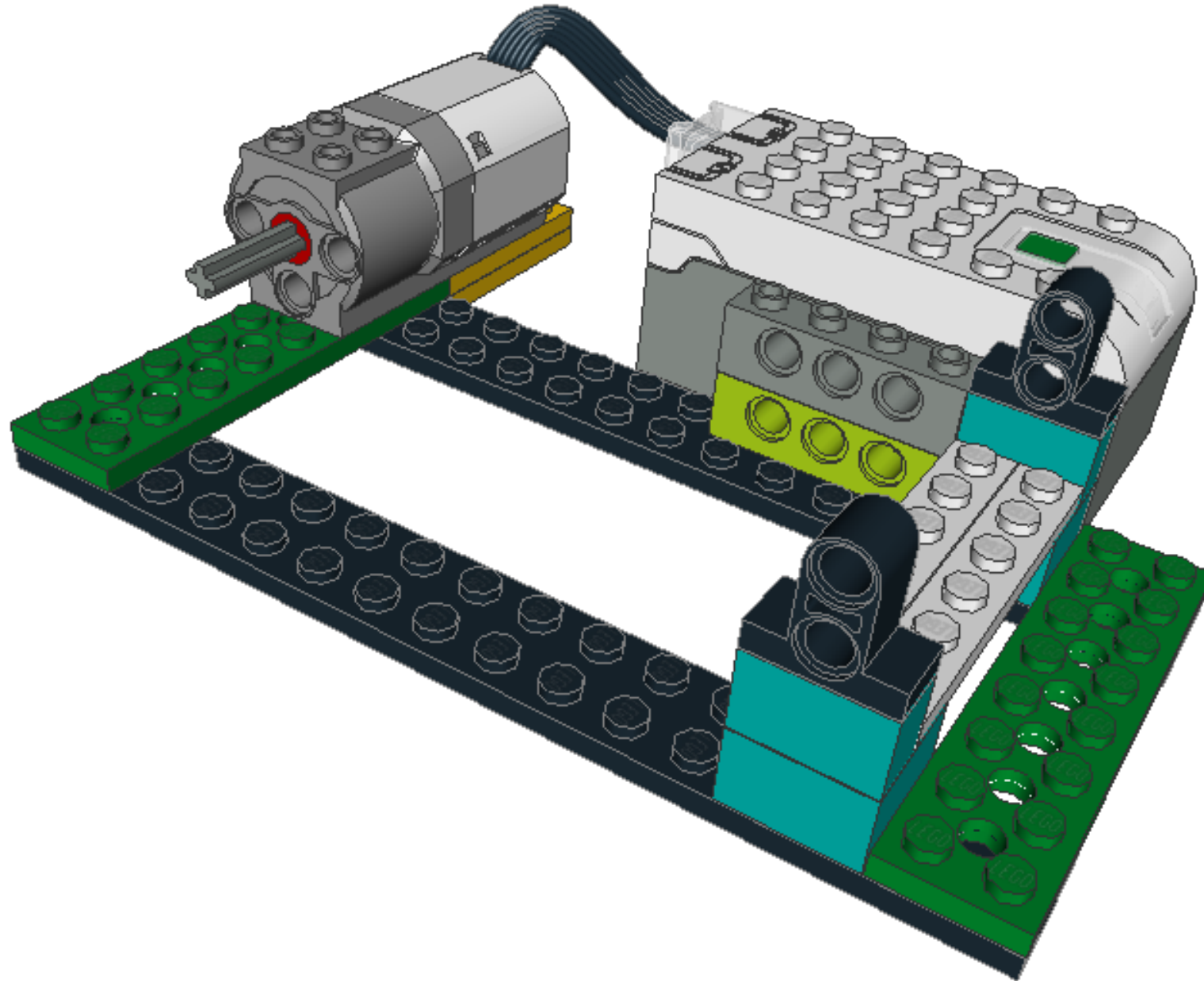


FAZENDO MUSCULAÇÃO



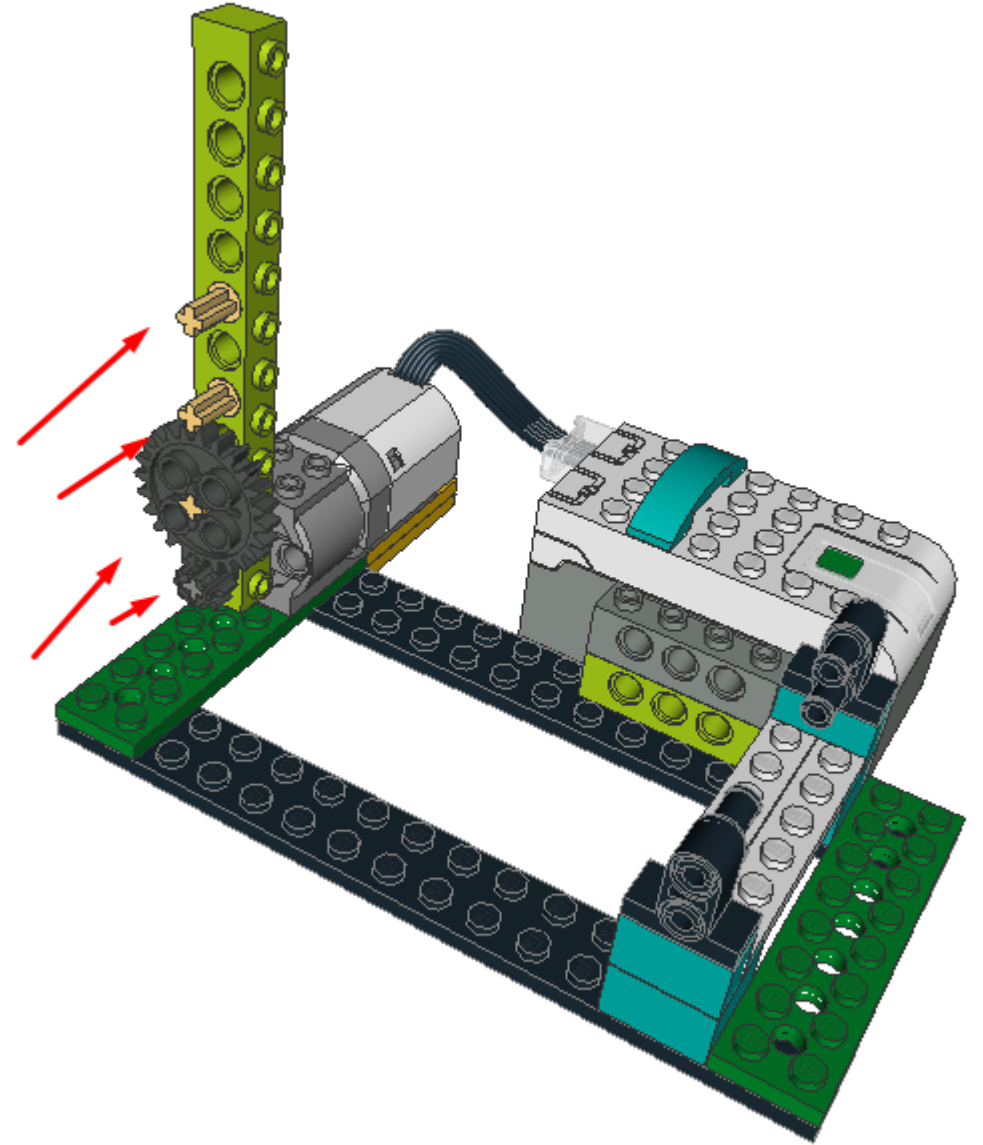
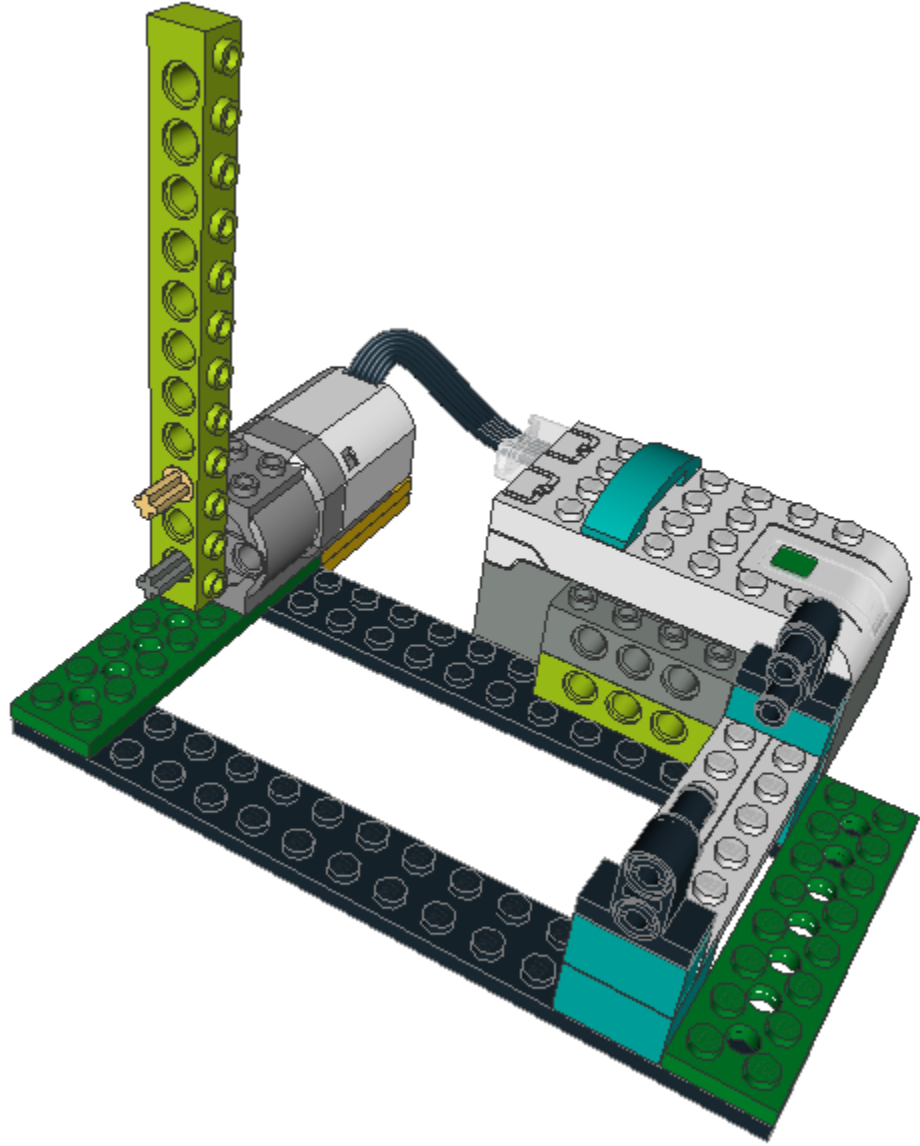


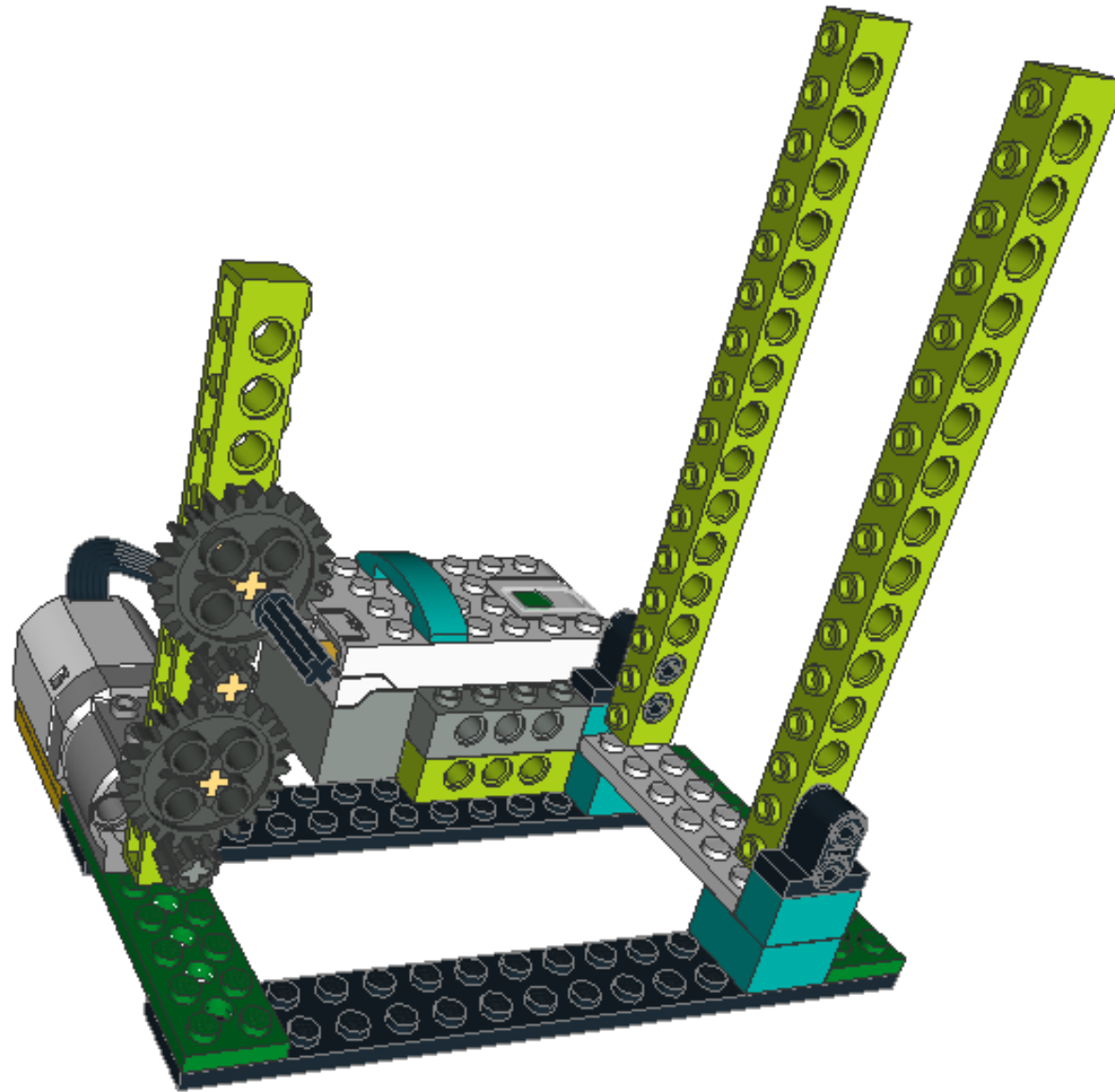


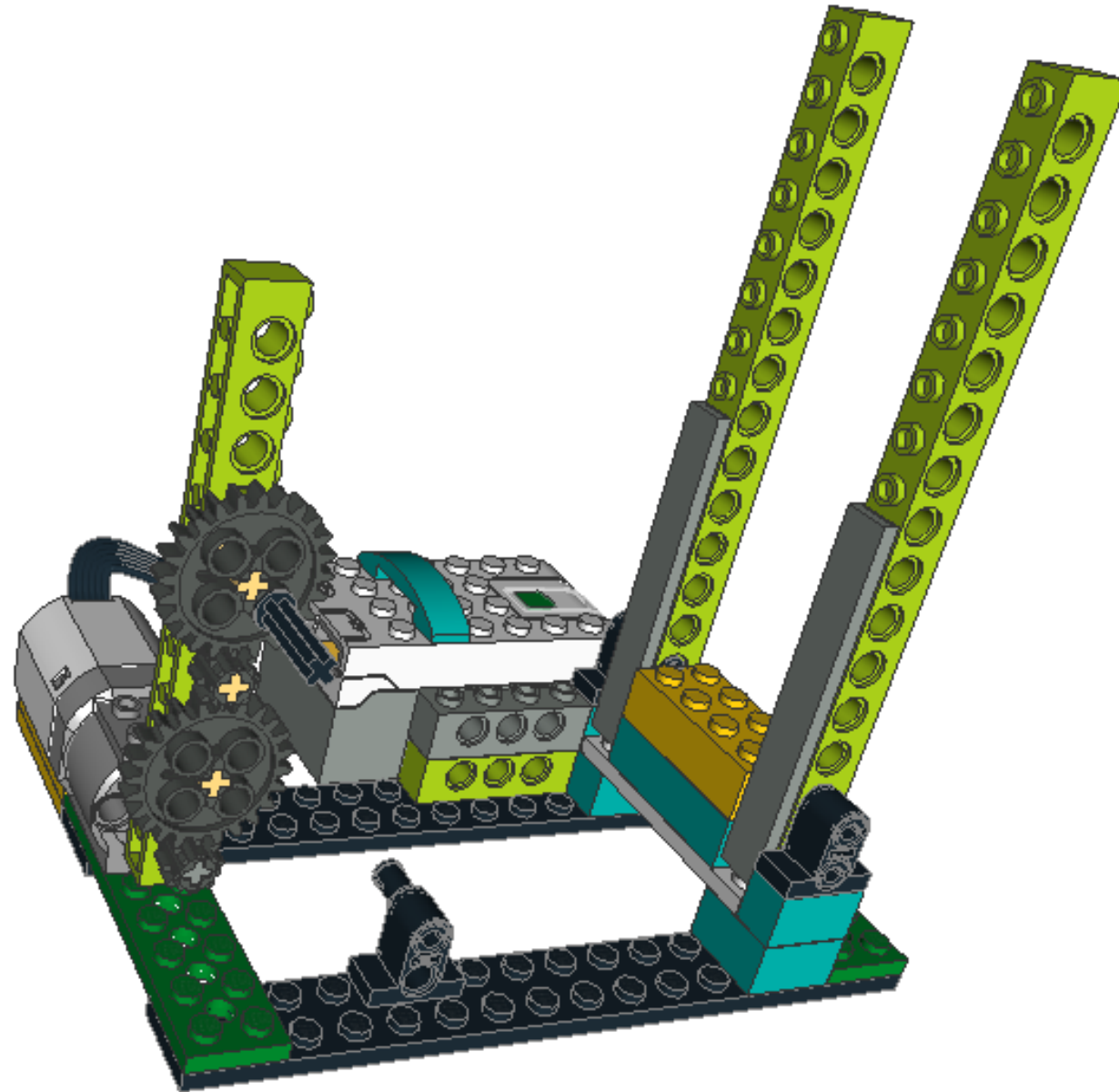


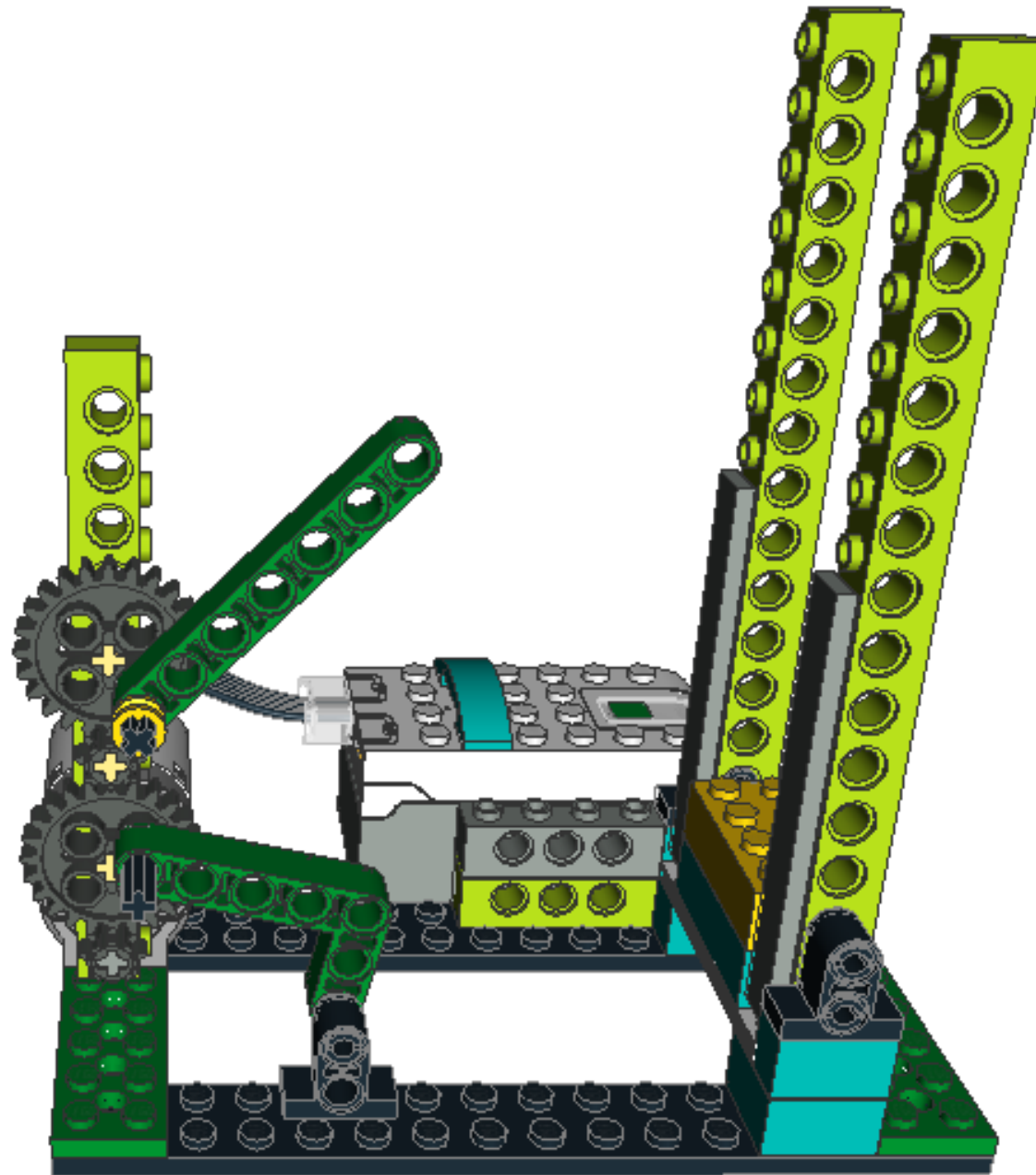
PASSO 5

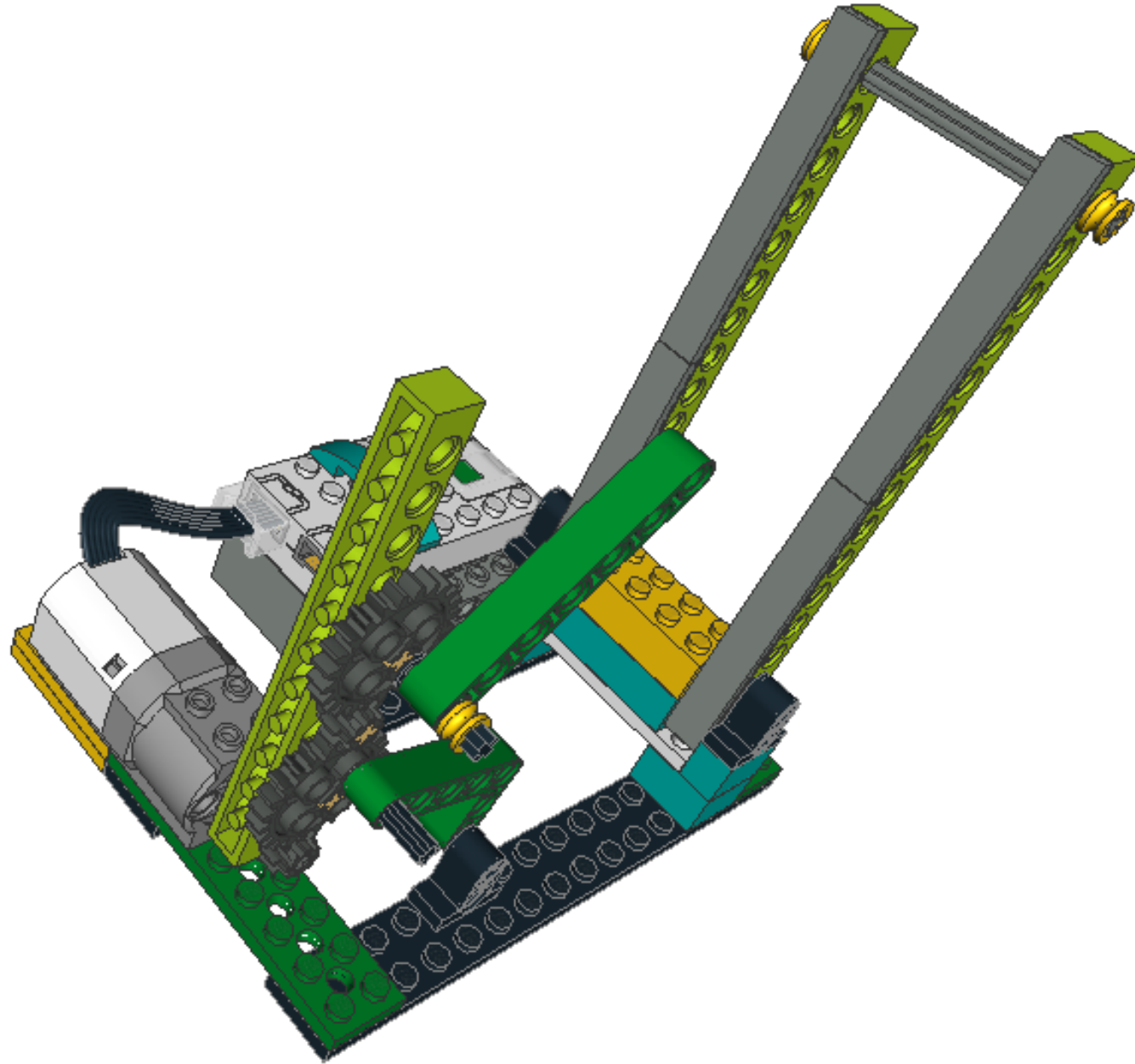
FAZENDO MUSCULAÇÃO

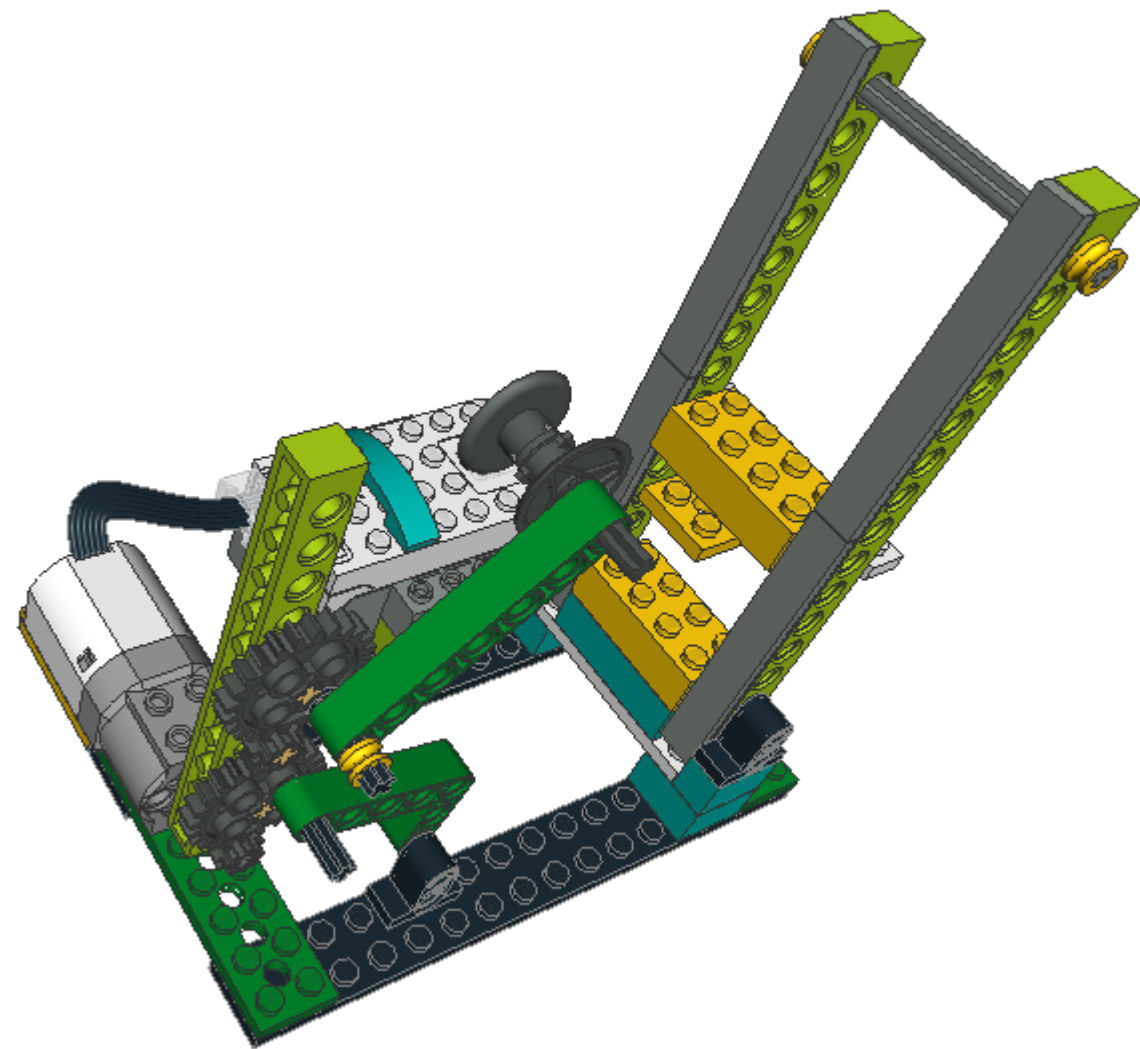
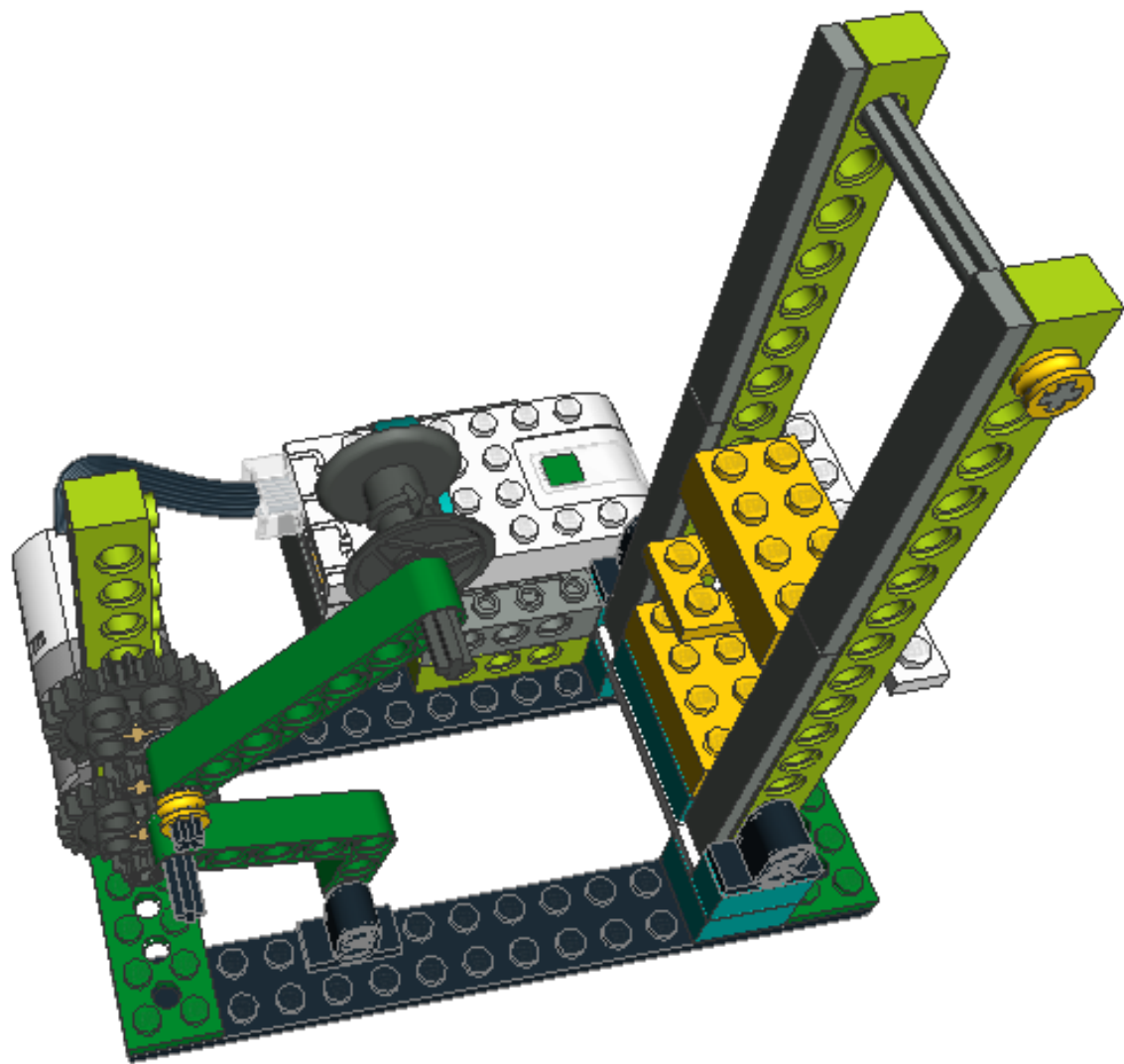


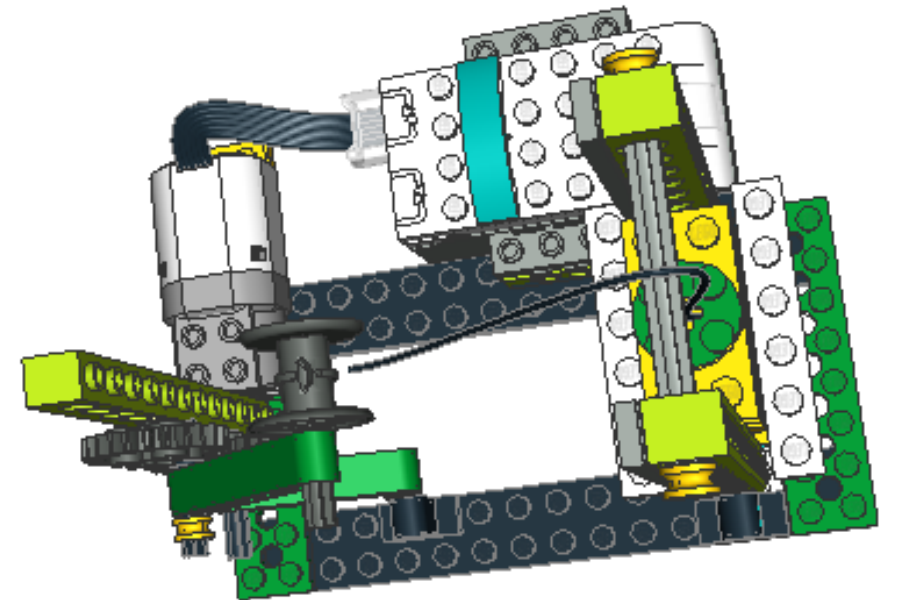
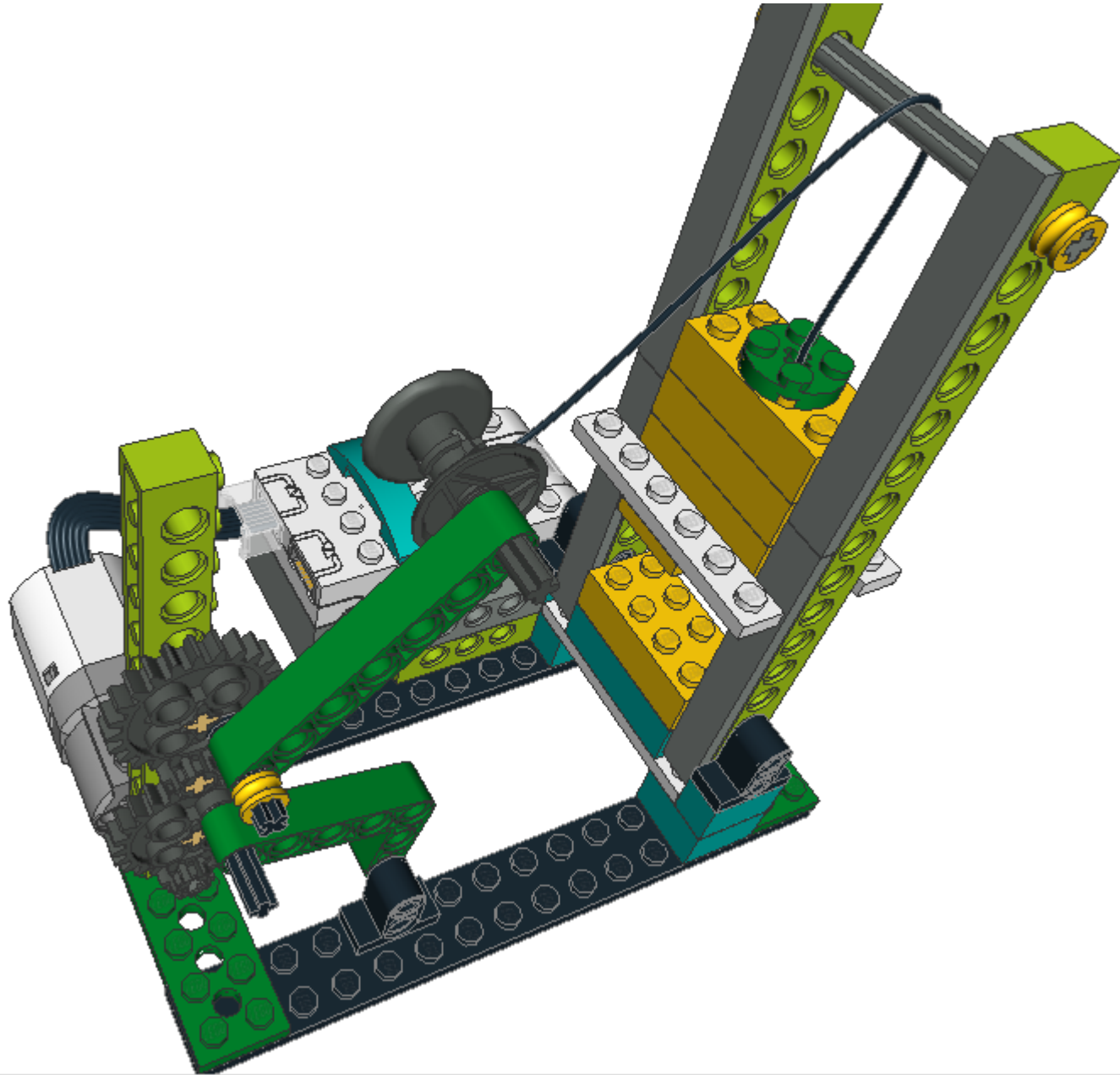


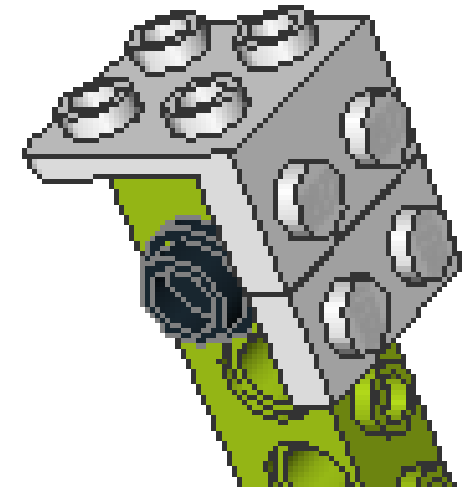
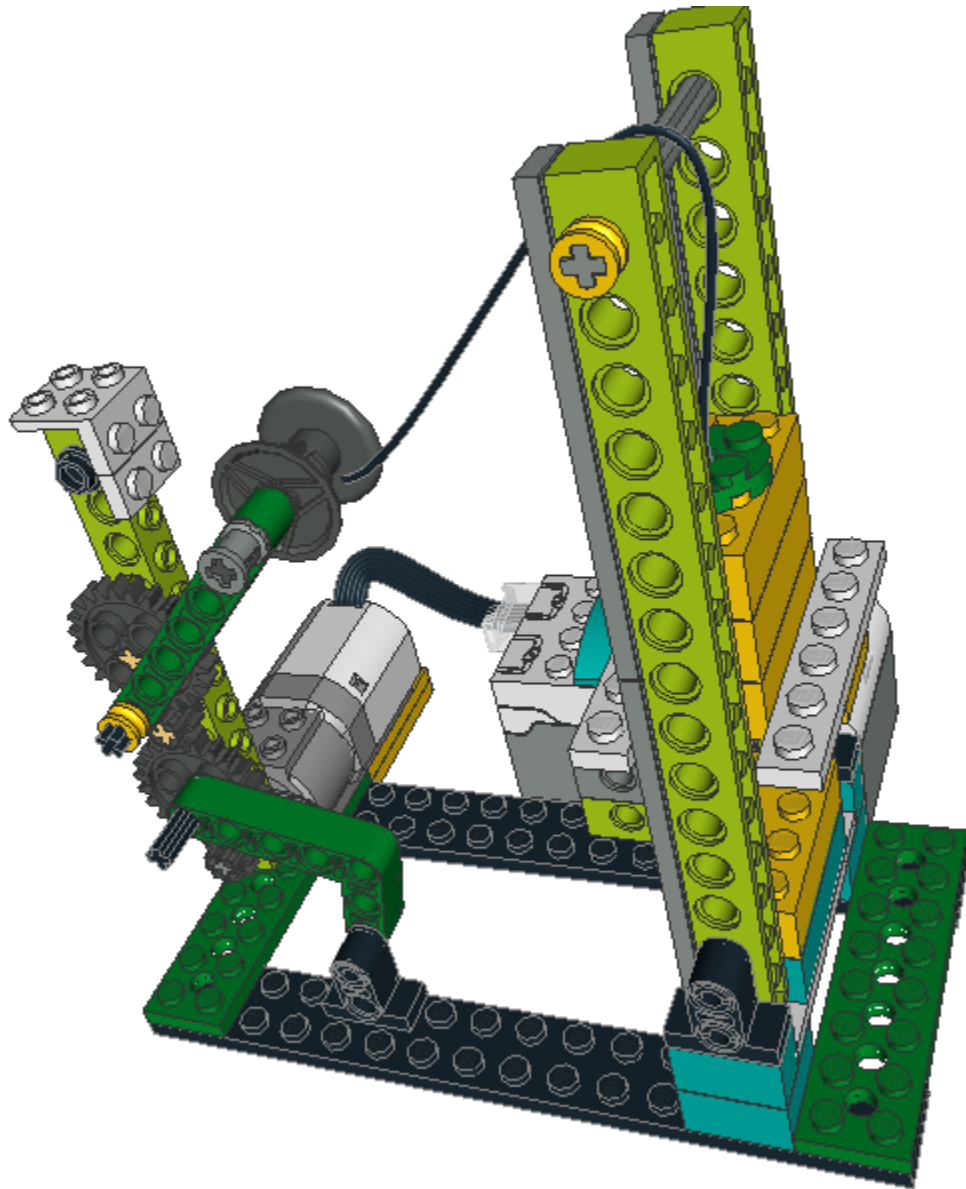












PASSO 13

FAZENDO MUSUCLAÇÃO

